

# Medication Instructions

**STOP DATE:** \_\_\_\_\_

Medications are a very important piece of your Surgery Plan. Keep your medication list current including all prescribed and over-the-counter medications. ***Make sure your provider has told you what you should and should not take on the day before and the day of surgery.***

If you are taking aspirin for any heart condition as advised by your physician, **DO NOT** stop taking it if you are having a colonoscopy, cataract removal or an EGD procedure. Check with your physician before stopping aspirin for any other procedure.

## To reduce bleeding risk:

- 1. Anticoagulants:** Need to be STOPPED before your surgery. All of these medications have different actions in your body, and your provider will tell you when to stop them.

Common Anticoagulants:	Warfarin (Coumadin®)
	Dabigatran (Pradaxa®)
	Rivaroxaban (Xarelto®)
	Apixaban (Eliquis®)

- 2. Antiplatelets:** Need to be reviewed by your provider before surgery and directions given when to stop them.

Common Antiplatelets:	Aspirin
	Clopidogrel (Plavix®)
	Cilostazol (Pletal®)
	Prasugrel (Effient®)
	Aggrenox
	Dipyridamole
	Anagrelide (Agrislin®)

- 3. Aspirin:** If you are taking any amount of aspirin, you may need to stop at least one (1) week prior to your procedure. You will need to confirm this with your surgical team and/or your primary care provider.

### Other medication concerns:

**4. Anti-Inflammatory Medications:** May cause increased bleeding. Stop these drugs seven (7) days prior to surgery.

Common Anti-Inflammatories: Ibuprofen (Motrin®, Advil®)  
Naproxen (Aleve®)  
Celecoxib (Celebrex®)  
Sulindac (Clinoril®)

**5. Supplements/Herbal Products/Over-the-Counter Products:** Make sure to give an accurate list of all supplements, herbal products, and over-the-counter products you use to your provider before surgery. Some of these products may need to be stopped before surgery.

**6. Steroids:** If you take Prednisone, Methylprednisolone, Hydrocortisone, or Fludrocortisone, your provider will have to decide what to give you after surgery.

**7. Insulin or Oral and Injectable Diabetes Medications:** Your provider will give you direction on what to take the night before and morning of surgery. Be sure to have an accurate list of what you take.

***If you have questions, please call and speak with the Perioperative Nurse Educator at 715.483.0533, option 1.***